

Prospectus - Diploma in Integrated Energy Techniques (With NLP Practitioner Certification)

Module One (4 days)

A "*It's all in the first 10 minutes*"

Purpose and outcomes:

Enhancing communication and practitioner skills
Questioning skills are the key to unconscious processes
Understanding the message beyond the words used
Understanding the clients message through their communication/language
verbal and non verbal
Taking charge kindly and purposefully

Overview:

History of NLP to where we are now
Presuppositions of NLP/IET
Metaphysical framework and philosophy of IET
Language of unconscious/language of the heart
Energy system=unconscious mind
Conscious and unconscious processes
Meta Model and Milton Model
Well-formed Outcomes
Rapport
Matching predicates
Mirroring
Pacing and leading

B "*Making friends with mind*"

Purpose and outcomes:

Understanding how thinking works
The purpose and pitfalls of thinking
The thinking virus, the ultimate polarity of mind – taking charge of the mind

Overview:

More on conscious and unconscious processes
Submodalities...
Submodality shifts
Overlapping and Strategies
Swish Technique
Fast Phobia Cure

Workshop Two (4 days)

A The Power of Metaphor: "Rewriting the stories that trap us"

Purpose and outcomes:

Using the power of metaphor – the language of the unconscious
Recognising the solution is already there, problems are metaphors
Reframing – changing your mind
How the body is the metaphor of mind

Overview:

More on conscious and unconscious processes
Holographic Memory Resolution
Creating Therapeutic Metaphors
Effective anchoring
The Heart Anchor
Looking through Love's Eyes

B "*Conflict is a misunderstood attempt at a solution*"

Overview:

Current State/Desired State Process
Future pacing
6 Step reframing
Conflict Resolution

Workshop Three (3 days)

"Everything is happening right now"...

Purpose and outcomes:

Incorporating the transpersonal/metaphysical
Understanding and using the subjective nature of time – time and the unconscious

Overview:

Conscious, unconscious and superconscious processes
The Ladder – undoing the illusions of ego-mind
Logical Levels and the Balance of Transformation
Timelines
Pseudo orientation in time